

Crash Course in Public Speaking: How to Sound Prepared, Confident & Authoritative

Public speaking is the most common shared fear amongst people. Whether addressing people on a large scale (i.e. group or large audience) or a small scale (i.e. few individuals, on the phone), speech anxiety can be handicapping.

But this does not have to be the case!

During this fun, interactive and informative seminar, you will learn strategies to overcome your fears, control your anxiety, and attack any speaking circumstance with control, confidence, and authority.

Using specific principles developed from acting techniques such as those of Lee Strasberg and Stella Adler in conjunction with basic principles of Dale Carnegie for public speaking, learn basic public speaking concepts, tips and tricks that will help you to gain control over speaking occurrences. Discuss and use tips and tricks to be able to handle any situation with authority, confidence and goal-minded.

Become a dynamic, confident communicator in any situation! Learn in a small, supportive environment from a seasoned Public Speaking and Voice Professional.

At the end of this seminar, each participant will be able to:

1. Identify and use tools to help overcome fears and increase confidence in a public speaking situation
2. Understand strategies to use the voice effectively to convey information
3. Use nonverbal communication strategies to facilitate message
4. Understand effective preparatory strategies
5. Engage in improvisational tasks to improve spontaneous speech and responses
6. Participate in a controlled exercise of goal oriented speech delivery

This is a fun, supportive, non-traditional method to gain experience and improve skills. This two (2) hour seminar is composed of collaborative, interactive lecture and practice sessions/exercises. The number of participants is limited to maximize participating benefit. Group interaction is strongly encouraged. Special conditions may apply and specific arrangements can be made. Materials are provided.

Tuition Cost: \$120