

## **Aural Rehabilitation Seminar: Integrating Exercises with Hearing Aid Usage to Improve Communication**

Do you wear hearing aids? Does speech understanding continue to be difficult even when you are wearing your hearing aids?

A little known fact: hearing aids may not be the only assistance you need to hear better!

Sometimes, hearing aids alone cannot fully help with understanding speech - the brain needs exercises to better control focus and discrimination. These exercises, known as “aural rehabilitation,” are helpful in combination with hearing aids to strengthen your brain’s capacity to focus on the target speech signal versus background noise and to identify various clues in speech sounds that help to understand meaning. The combination of both hearing aids and aural rehabilitation exercises provides the best situation for success.

This seminar will introduce the concept of aural rehabilitation exercises and help to develop individualized exercise plans to use in addition to your hearing aids to improve your speech intelligibility and speech understanding, particularly in complex situations.

This four week interactive seminar will help participants strengthen speech understanding, auditory processing, and ensure greater success with the use of hearing aids in communication. Learn from a professional dually certified in speech pathology and audiology.

At the end of this seminar, each participant will be able to:

1. Improve capacities discriminating the target signal of speech with any background noise
2. Describe speech sounds and be aware of differing characteristics
3. Improve discrimination of target speech sounds given verbally presented information
4. Understand the basic concepts of speech reading and how to employ it in general conversation
5. Engage in exercises that address specific speech sounds and sentences in the presence of competing background noise
6. Improve general speech understanding by combining visual and auditory management, perception, speech reading and cognitive focus
7. Develop a treatment plan for further aural rehabilitation tasks

This is a fun and supportive means to improve overall comprehension skills.

It is a 4-week, one (1) hour class composed of lecture, participant interaction and practice sessions. Course is restricted to address specific needs of the company being educated. The number of participants is limited to maximize participating benefit. Group interaction and presence of spouse/significant other is strongly encouraged. Special conditions may apply and specific arrangements may be made. Materials are provided and included in the tuition cost.

Individual Treatment Sessions addressing Aural Rehabilitation needs are available.

Tuition Cost: \$200